



Simplify your life with **free healthcare.**

Access doctors and therapists by phone, video, or app.



healthiestyou[™]
By Teladoc.

Be your **Healthiest You**



General Medical

Convenient, high-quality healthcare available 24/7 from U.S. board-certified doctors by phone or video.



Back Care

Customized back care programs with videos and access to certified health coaches.



Behavioral Health Care

Members have access to licensed mental health professionals, with the option to receive ongoing care from a provider of their choice.



Price Transparency Tools

Price comparison engines help members make informed choices and save money on procedures and prescriptions.



Expert Medical Services

In-depth reviews of existing diagnoses and treatment plans from the world's leading experts.



Intelligent Alerts

Location-sensitive alerts delivering benefits reminders increase utilization of services.



Dermatology

U.S. board-certified dermatologists review images and provide a diagnosis and treatment plans.



Find a Provider

The HealthiestYou app can identify providers and facilities near the member's current location.

Download the app for access to free and easy healthcare

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